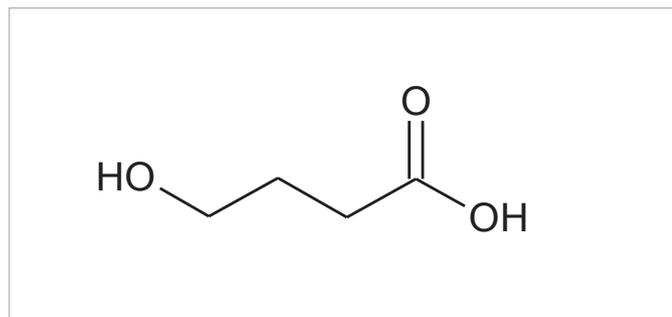


# Extraction of *gamma*-Hydroxybutyric Acid (GHB) from Urine Using ISOLUTE® SLE+ Prior to GC/MS Analysis



**Figure 1.** Structure of *gamma*-Hydroxybutyric acid (GHB)

## Introduction

This application note describes the extraction of GHB from urine using supported liquid extraction and subsequent analysis by GC/MS.

ISOLUTE® SLE+ Supported Liquid Extraction plates and columns offer an efficient alternative to traditional liquid-liquid extraction (LLE) for bioanalytical sample preparation, providing high analyte recoveries, no emulsion formation, and significantly reduced sample preparation.

## Analytes

*Gamma*-Hydroxybutyric acid (GHB) & GHB-D6

## Sample Preparation Procedure

- Sample Pre-treatment:** Dilute pre-treated urine (0.2 mL) with 0.2% formic acid (aq) (0.2 mL). Spike GHB-D6 internal standard and vortex mix thoroughly.
- Format:** **ISOLUTE® SLE+ 200 µL Fixed Well Plate, part number 820-0200-P01**
- Sample Loading:** Load the pre-treated urine (200 µL total volume) onto each well and apply a pulse of vacuum or positive pressure (3–5 seconds) to initiate flow. Allow the sample to absorb for 5 minutes.
- Analyte Extraction:** Apply ethyl acetate (1 mL) and allow to flow under gravity for 5 minutes. Apply vacuum or positive pressure to pull through any remaining extraction solvent (5–10 seconds).
- Format:** **ISOLUTE® SLE+ 400 µL Sample Capacity columns, part number 820-0055-B**
- Sample Loading:** Load the pre-treated urine (200 µL total volume\*) onto the column and apply a pulse of vacuum or positive pressure (3–5 seconds) to initiate flow. Allow the sample to absorb for 5 minutes.
- \*Note:** Column is underloaded
- Analyte Extraction:** Apply ethyl acetate (1 mL) and allow to flow under gravity for 5 minutes. Apply a further aliquot of ethyl acetate (1 mL) and allow to flow for another 5 minutes under gravity. Apply vacuum or positive pressure to pull through any remaining extraction solvent (5–10 seconds).
- Post Elution, Reconstitution and Derivatisation:** Dry the extract in a stream of air or nitrogen at ambient temperature using a SPE Dry (20 to 40 L/min) or TurboVap (1.0 bar) for 30 mins.
- Upon dryness, reconstitute with ethyl acetate (50 µL) and BSTFA/1% TMCS (50 µL) and vortex for 20 seconds. Transfer to a high recovery glass vial.

## GC Conditions

<b>Instrument:</b>	Agilent 7890A with QuickSwap
<b>Column:</b>	Phenomenex Zebron ZB-35, 30 m x 0.25 mm ID x 0.25 µm
<b>Carrier</b>	Helium 1.2 mL/min (constant flow)
<b>Inlet:</b>	250 °C, Split (ratio 10:1), 12 mL/min, septum purge flow: 3 mL/min
<b>Injection:</b>	1 µL
<b>Wash Solvent:</b>	Ethyl acetate
<b>Oven:</b>	Initial temperature 70 °C Ramp 10 °C/min to 140 °C Ramp 120 °C/min to 350 °C
<b>Post Run:</b>	Back-flush for 1.6 minutes (2 void volumes)
<b>Transfer Line:</b>	280 °C

## MS Conditions

<b>Instrument:</b>	Agilent 5975C
<b>Source:</b>	230 °C
<b>Quadrupole:</b>	150 °C
<b>MSD mode:</b>	SIM

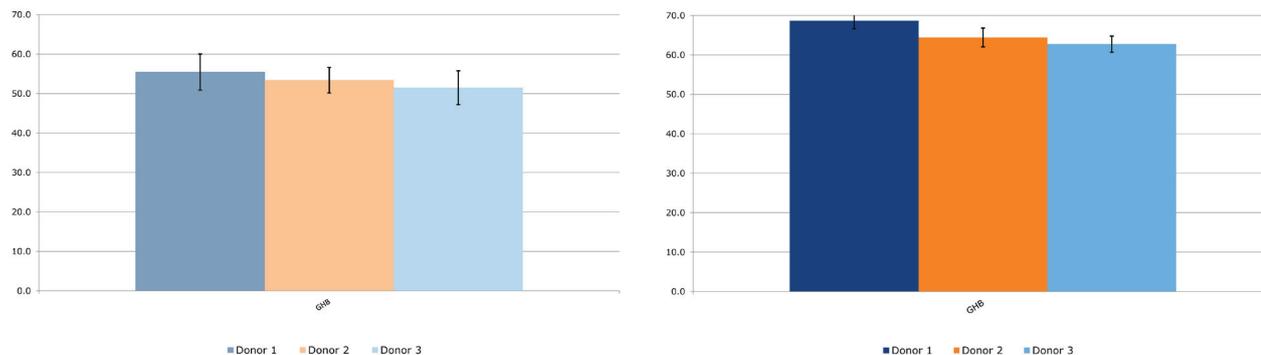
## SIM Parameters

**Table 1.** Ions acquired in the selected Ion Monitoring (SIM) mode

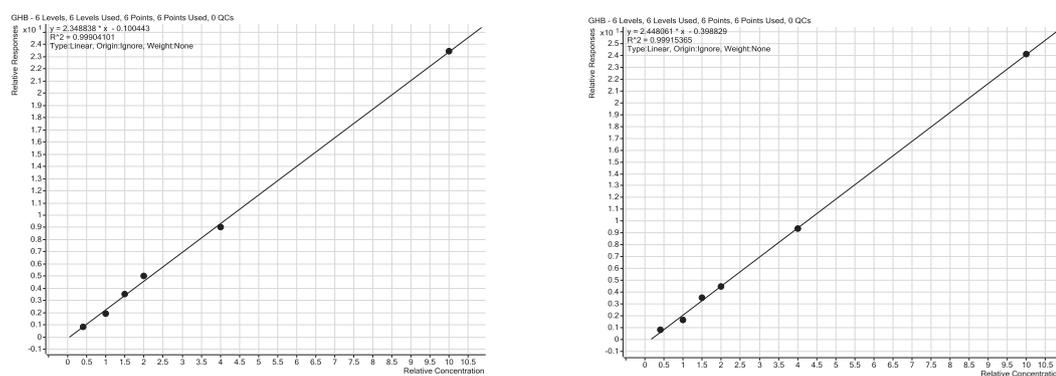
SIM Group	Analyte	Quantifier Ion	Quantifier Ion
1	GHB-D6	239	240
1	GHB	233	117

## Results

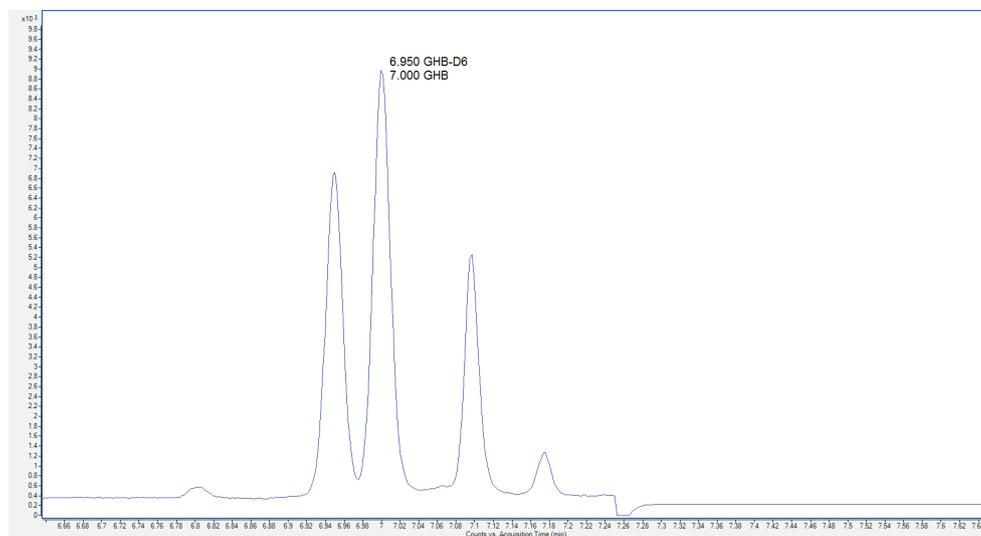
The optimized protocols for ISOLUTE SLE+ plates and columns demonstrated reproducible recoveries between three unique donors, as shown in Figure 2. Percentage recovery was 52–69%. RSDs for GHB were below 9% on the 200 µL capacity plate format and below 4% on 400 µL capacity column format. **Figure 3.** shows linearity data for plate and column formats ( $r^2 > 0.999$  for both formats). This application is unusual because of the relatively high concentration cut-off requirement (10 µg/mL) for illicit GHB. The low matrix volume used and relatively low recoveries do not adversely affect the required assay performance and sufficient sensitivity was achieved.



**Figure 2.** Typical analyte % extraction recoveries (n=7) using the ISOLUTE® SLE+ protocol using 200 µL capacity plate format (left) and 400 µL capacity column format (right)



**Figure 3.** Calibration curves for extracted levels of spiked urine, using ISOLUTE® SLE+ protocol on 200 µL capacity plate format (left) and 400 µL capacity column format (right). Concentrations are 2.5, 5, 7.5, 10, 20 and 50 µg/mL. r<sup>2</sup> values are greater than 0.999.



**Figure 4.** GC/MS chromatography for urine (Cal 1) spiked at 2.5 ng/mL. Compared to other more traditional solid phase extraction procedures, this ISOLUTE® SLE+ method results in a baseline with reduced noise and thus offers greater confidence when qualifying GHB.

## Additional Information

0.2% formic acid (aq) is prepared by adding 100 µL concentrated formic acid (commercially available 98%) to 49.9 mL HPLC grade water

## Ordering Information

Part Number	Description	Quantity
820-0200-P01	ISOLUTE® SLE+ 200 µL Supported Liquid Extraction Plate	1
820-0055-B	ISOLUTE® SLE+ 400 µL Sample Volume Columns	50
PPM-48	Biotage® PRESSURE+ 48 Positive Pressure Manifold	1
SD-9600-DHS-EU	Biotage® SPE Dry Sample Concentrator System 220/240 V	1
SD-9600-DHS-NA	Biotage® SPE Dry Sample Concentrator System 100/120 V	1
C103198	TurboVap® LV, 100/120V	1
C103199	TurboVap® LV, 220/240V	1

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