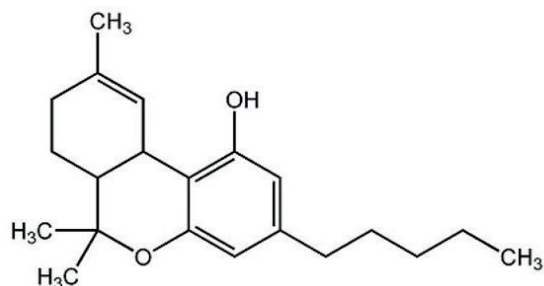


# Extraction of THC and its Metabolites from Human Hair Using ISOLUTE® SLE+ Prior to UPLC-MS/MS Analysis



**Figure 1.** Structure of  $\Delta^9$ -tetrahydrocannabinol (THC).

## Introduction

This application note describes a procedure for sample pre-treatment and extraction of THC and metabolites from human hair, using Biotage® Lysera for matrix pulverization of the sample prior to clean up using ISOLUTE® SLE+ supported liquid extraction.

Manual processing protocols were developed using the Biotage® PRESSURE+ 96 (plate format) or 48 (column format) positive pressure manifolds. For automated processing, protocols were developed using Biotage® Extrahera™.

The application note contains procedures optimized for both individual column format and 96-well plate format for higher throughput applications. The methodology delivers clean extracts with analyte recoveries >75% (plate format) or >60% (column format) with %RSD <10% for most analytes and LLOQ from 200 fg/mg of hair.

Both manual and automated procedures gave comparable results.

ISOLUTE® SLE+ Supported Liquid Extraction columns and plates offer an efficient alternative to traditional liquid-liquid extraction (LLE) for bioanalytical sample preparation, providing high analyte recoveries, no emulsion formation and significantly reduced preparation time.

## Analytes

Tetrahydrocannabinol (THC), 11-Nor-9-carboxy- $\Delta^9$ -tetrahydrocannabinol (THC-COOH), 11-Hydroxy- $\Delta^9$ -tetrahydrocannabinol (THC-OH),  $\Delta^9$ -tetrahydrocannabinolic acid-A (THCAA), cannabidiol (CBD), and cannabinol (CBN)

## Internal Standards

Tetrahydrocannabinol- $D_3$  (THC- $D_3$ ), 11-Nor-9-carboxy- $\Delta^9$ -tetrahydrocannabinol- $D_3$  (THC-COOH- $D_3$ ) and 11-Hydroxy- $\Delta^9$ -tetrahydrocannabinol- $D_3$  (THC-OH- $D_3$ )

## Sample Preparation Procedure

### Format

ISOLUTE® SLE+ 400  $\mu$ L capacity columns (p/n 820-0055-B) or ISOLUTE® SLE+ 400  $\mu$ L capacity plates (p/n 820-0400-P01)

### Matrix Preparation

Weigh 20 mg of hair into 2 mL Biotage® Lysera tubes containing 4 x 2.4 mm stainless steel beads. Add 1 mL methanol to each hair sample. Also add 10  $\mu$ L of a 100 pg/mL internal standard solution making a 50 pg/mg spike.

### Micropulverization Procedure

Grind to a fine powder using Biotage® Lysera: 3 x 5.3 m/sec for 3 minutes with a 20 sec dwell.

Centrifuge tubes for 10 minutes at 13,300 rpm (Heraeus Pico 17 Microcentrifuge (Thermo Scientific) with 24 position, 2 mL rotor).

### Post Micropulverization

Transfer 200  $\mu$ L of supernatant into 12 x 75 mm glass tubes or 2 mL collection plates and evaporate extracts using a TurboVap® LV at 20 °C or Biotage® SPE Dry 96 depending on the format being used.

Reconstitute in methanol:water (70:30, v/v. 200  $\mu$ L).

## Supported Liquid Extraction Conditions

|                           | ISOLUTE® SLE+<br>400 µL Columns<br>Part Number 820-0055-B                                                                                                                                                                                 | ISOLUTE® SLE+<br>400 µL Plate<br>Part Number 820-0400-P01                                                                                                                                                                                 |
|---------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Sample Loading</b>     | Load 200 µL of reconstituted extract onto the ISOLUTE® SLE+ column. A pulse of pressure is not needed as the methanolic extract flows straight onto the bed. Allow the sample to absorb for 5 minutes.                                    | Load 200 µL of reconstituted extract onto the ISOLUTE® SLE+ well. A pulse of pressure is not needed as the methanolic extract flows straight onto the bed. Allow the sample to absorb for 5 minutes.                                      |
| <b>Analyte Extraction</b> | Apply MTBE (600 µL) allow to flow under gravity for 5 minutes. Apply a further aliquot of MTBE (600 µL) and allow to flow under gravity for 5 minutes. For complete removal apply a pulse of positive pressure at 10 psi (10–20 seconds). | Apply MTBE (600 µL) allow to flow under gravity for 5 minutes. Apply a further aliquot of MTBE (600 µL) and allow to flow under gravity for 5 minutes. For complete removal apply a pulse of positive pressure at 10 psi (10–20 seconds). |
| <b>Collection Vessels</b> | Collect extract in 12 x 75 mm glass tubes.                                                                                                                                                                                                | Collect extract in 96-well collection plates.                                                                                                                                                                                             |
| <b>Post Elution</b>       | Evaporate extracts to dryness at 40 °C, for 30 minutes at a flow rate of 1.5 L/min using a TurboVap® LV.                                                                                                                                  | Evaporate extracts to dryness at 40 °C, for 30 minutes at a flow rate of 20–40 L/min using a Biotage® SPE Dry 96.                                                                                                                         |
| <b>Reconstitute</b>       | Reconstitute extracts in a mix of mobile phase A/mobile phase B (70:30, v/v, 200 µL).<br><br>Vortex mix and transfer to a 96-well format plate and cover with a sealing mat prior to injection.                                           | Reconstitute extracts in a mix of mobile phase A/mobile phase B (80:20, v/v, 200 µL). Vortex mix.<br><br>Cover plate with a sealing mat prior to injection.                                                                               |

## UHPLC Conditions

### Instrument

Shimadzu Nexera X2 UHPLC

### Column

ACE Excel 2 C18 (50 x 2.1 mm) with a Restek EXP holder and Restek C18 guard column

### Mobile Phase

**A:** 0.01% Acetic Acid (aq)

**B:** 0.01% Acetic Acid in MeOH

### Flow Rate

0.3 mL/min

### Column Oven Temperature

50 °C

### Injection Volume

5 µL

**Table 1.** UHPLC Gradient.

| Time (min)  | %A | %B |
|-------------|----|----|
| <b>0</b>    | 50 | 50 |
| <b>0.5</b>  | 20 | 80 |
| <b>2.00</b> | 10 | 90 |
| <b>4.00</b> | 10 | 90 |
| <b>4.01</b> | 50 | 50 |

## Mass Spectrometry Conditions

### Instrument

Shimadzu 8060 Triple Quadrupole MS using ES interface

### Nebulizing Gas Flow

3 L/min

### Drying Gas Flow

5 L/min

### Heating Gas Flow

15 L/min

### Interface Temperature

400 °C

### DL Temperature

300 °C

### Heat Block Temperature

500 °C

### CID Gas Flow

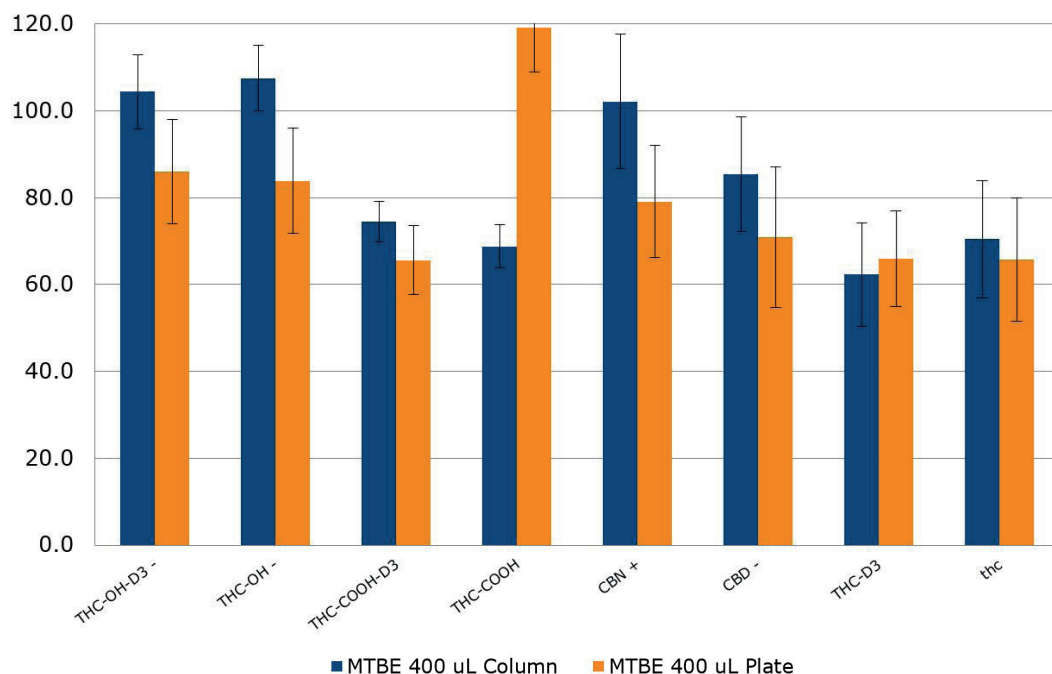
270 kPa

**Table 2.** MS conditions for target analytes in positive and negative mode.

| Analytes                | MRM Transition | Collision Energy |
|-------------------------|----------------|------------------|
| THC-D <sub>3</sub>      | 318.0 > 196.15 | -24              |
|                         | 318.0 > 123.2  | -32              |
| THC                     | 315.0 > 193.10 | -23              |
|                         | 315.0 > 123.2  | -32              |
| OH-THC-D <sub>3</sub>   | 334.0 > 316.15 | -15              |
|                         | 334.0 > 196.25 | -25              |
| OH-THC                  | 331.0 > 313.3  | -15              |
|                         | 331.0 > 193.25 | -26              |
| THC-COOH-D <sub>3</sub> | 346.3 > 302.3  | 22               |
|                         | 346.3 > 248.30 | 28               |
| THC-COOH                | 343.3 > 299.3  | 22               |
|                         | 343.3 > 245.25 | 30               |
| CBN                     | 311.0 > 223.0  | -22              |
|                         | 311.0 > 241.2  | -17              |
| CBD                     | 313.2 > 245.15 | 24               |
|                         | 313.2 > 179.25 | 20               |

## Results

This simple sample preparation method delivers clean extracts and analyte recoveries mostly greater than 75% with RSDs lower than 10% for all analytes (see fig 2), and LLOQs below 10 pg/mg and as low as 200 fg/mg for THC-COOH and (see table 3) for all ISOLUTE® SLE+ formats used.

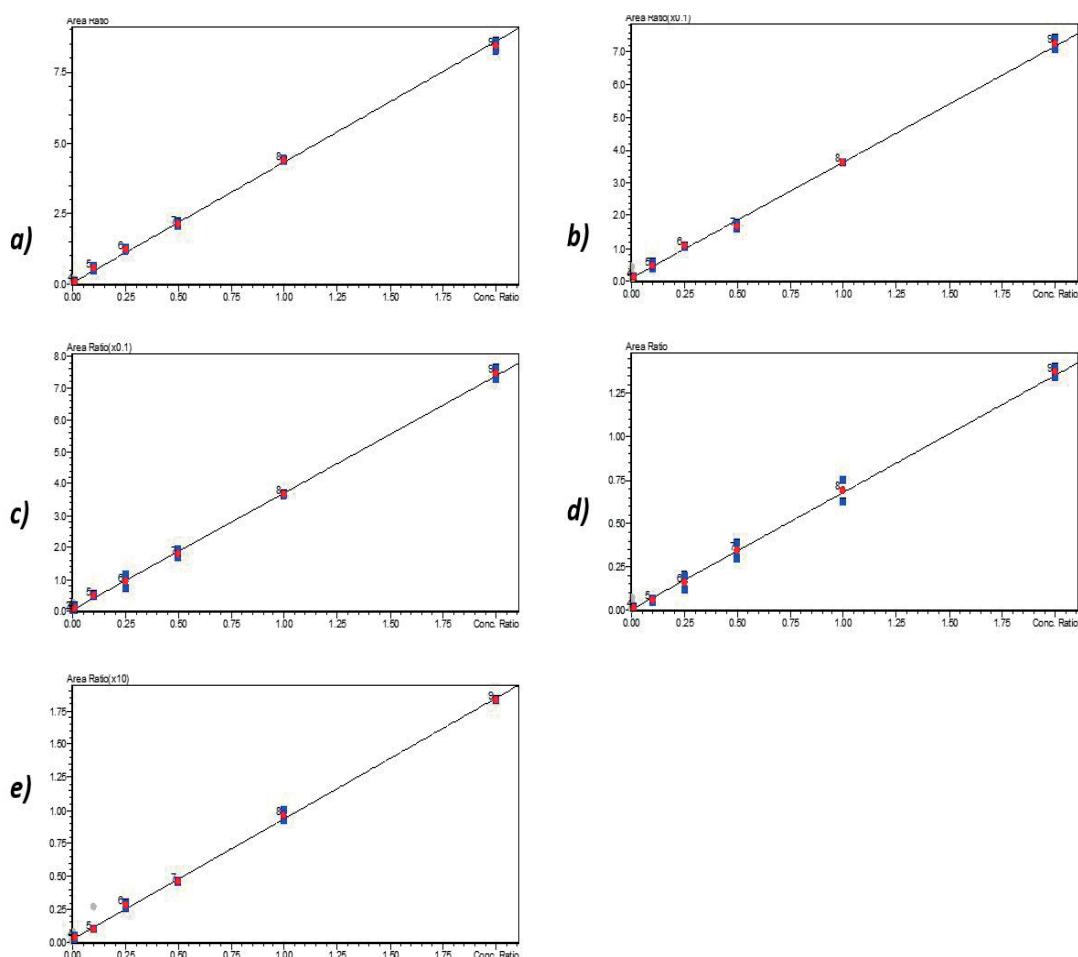


**Figure 2.** Average analyte recoveries and %RSD (n=7) for ISOLUTE® SLE+ column and plate formats.

Calibration curve performance was investigated from hair samples spiked between 0.1–200 pg/mg of hair. Good linearity was observed for all analytes typically delivering  $r^2$  values greater than 0.99. Table 3. details linearity performance and associated LOQ for each analyte using the ISOLUTE® SLE+ column format. Similar results were achieved using the 96-well plate format.

**Table 3.** Analyte calibration curve  $r^2$  and LOQ performance.

| Analytes | Column Format |              | Plate Format |              |
|----------|---------------|--------------|--------------|--------------|
|          | $r^2$         | LLOQ (pg/mg) | $r^2$        | LLOQ (pg/mg) |
| THC      | 0.997         | 10           | 0.998        | 10           |
| OH-THC   | 0.997         | 10           | 0.998        | 10           |
| THC-COOH | 0.997         | 0.2          | 0.997        | 0.2          |
| CBN      | 0.997         | 10           | 0.997        | 10           |
| CBD      | 0.997         | 1            | 0.995        | 0.5          |



**Figure 5.** Calibration curves for THC (a), OH-THC (b), THC-COOH (c), CBD (d) and CBN (e) using human hair with 400 µL capacity column format (loading 200 µL of extracted sample as described).

## Chemicals and Reagents

- » Methanol (LC-MS grade), Ultra-Pure Methanol (Gradient MS), dichloromethane (99.8%), isopropanol (99.9%), MTBE (99%) and formic acid (98%) were purchased from Honeywell Research Chemicals (Bucharest, Romania).
- » All analyte standards and deuterated internal standards, and acetic acid (LC-MS grade) were purchased from Sigma- Aldrich Company Ltd. (Gillingham, UK).
- » Water used was 18.2 MOhm-cm, drawn daily from a Direct-Q5 water purifier.
- » 0.1% NH<sub>4</sub>OH was prepared by adding 100 µL of ammonium hydroxide to 99.9 mL of methanol
- » Mobile phase A (0.01% Acetic acid (aq)) was prepared by adding 50 µL to 500 mL of purified water.
- » Mobile phase B (0.01% Acetic acid (aq)) was prepared by adding 50 µL to 500 mL of HPLC grade methanol.
- » Internal standards (100 pg/µL) were prepared from a 10 ng/µL stock solution by adding 10 µL of each of to 950 µL of MeOH. 10 µL of this solution was then added to each calibration.

## Additional Information

- » All data shown in this application note was generated using real hair samples, both dyed and natural, provided by healthy human volunteers. All hair types gave similar analyte recovery and extract cleanliness.
- » Biotage® Lysera hints and tips
  - » A minimum of four tubes must be loaded in the tube carriage to ensure balance during processing
  - » Ensure vial caps and Lysera head are firmly tightened and Lysera locking mechanism is fully engaged
  - » 2 mL Lysera tubes were placed directly into the centrifuge, no transfer to centrifuge vials was needed.

## Ordering Information

| Part Number           | Description                                       | Quantity |
|-----------------------|---------------------------------------------------|----------|
| <b>19-060</b>         | Biotage® Lysera                                   | 1        |
| <b>19-649</b>         | 2 mL Reinforced Tubes with screw caps (Bulk pack) | 1000     |
| <b>19-640</b>         | 2.4 mm Metal Beads - 500 grams                    | 1        |
| <b>820-0055-B</b>     | ISOLUTE® SLE+ 400 µL Sample Volume Columns        | 50       |
| <b>820-0400-P01</b>   | ISOLUTE® SLE+ 400 µL Capacity Plate               | 1        |
| <b>PPM-96</b>         | Biotage® PRESSURE+ 96 Positive Pressure Manifold  | 1        |
| <b>PPM-48</b>         | Biotage® PRESSURE+ 48 Positive Pressure Manifold  | 1        |
| <b>415000</b>         | TurboVap® LV                                      | 1        |
| <b>SD-9600-DHS-EU</b> | Biotage® SPE Dry 96 Sample Evaporator 220/240 V   | 1        |
| <b>SD-9600-DHS-NA</b> | Biotage® SPE Dry 96 Sample Evaporator 100/120 V   | 1        |
| <b>121-5203</b>       | Collection Plate, 2 mL Square                     | 50       |
| <b>121-5204</b>       | Piercable Sealing Mat                             | 50       |
| <b>C44651</b>         | Test Tubes (12 x 75 mm, Uncapped)                 | 1000     |
| <b>414001</b>         | Biotage® Extrahera™                               | 1        |

# Appendix

## Biotage® Extrahera™ Settings

The method described in this application note was automated on the Biotage® Extrahera™ using ISOLUTE® SLE+ 400 µL capacity columns and 96-well plates. This appendix contains the software settings required to configure Extrahera to run the column format method. As described in the main body of the application note, analyte recoveries, %RSDs, linearities and LOQs were comparable for both manually processed and automated methods, for both extraction formats.

**Sample Name:** THC Hair – Pre concentration Method  
**Sample Plate/Rack:** 12 x 75 mm Test Tubes, 24  
**Extraction Media:** ISOLUTE® SLE+ 400 µL Columns

**Method name:** THC Hair - Pre-Concentration Method  
**Sample plate/rack:** 12 x 75 mm Test Tubes, 24  
**Extraction media:** ISOLUTE SLE+ 400 µL C...  
**Sample type:** Aqueous Sample  
**Starting sample volume in plate/rack (µL):** 220  
**Reuse sample tips?:** No



### Settings

"Sample" Tab

**Sample Type:**

Aqueous Sample

**Starting Sample Volume (µL):**

220

**Method Comment:**



**Edit SLE Method - THC Hair - Pre-Concentration...**

Method name: **THC Hair - Pre-Concentration Method** Sample plate/rack: **12 x 75 mm Test Tubes,...** Extraction media: **ISOLUTE SLE+ 400 µL C...**

Pretreatment: ☐ Off

Load: ☒ On

Elution: ☒ On

Volume (µL): **200** Air push time (s): **0** Advanced pressure settings: **Edit...**

Premix? ☒ Yes Number of times: **4** Wait time (min): **5**

Pause after each load? ☐ No Collect in position: **D (Wa...**

**Load**

|                        |                |
|------------------------|----------------|
| Pressure (Bar)         | 1.0 for 10 sec |
| Pause after each load  | No             |
| Volume                 | 200            |
| Collect in position    | D              |
| Positive pressure time | 0              |
| Premix                 | Yes            |
| Number of times        | 4              |
| Wait time (min)        | 5              |

**'Advanced Settings'**

Pressure for 10 seconds at 1 bar

**Edit SLE Method - THC Hair - Pre-Concentration...**

Method name: **THC Hair - Pre-Concentration Method** Sample plate/rack: **12 x 75 mm Test Tubes,...** Extraction media: **ISOLUTE SLE+ 400 µL C...**

Pretreatment: ☐ Off

Load: ☒ On

Elution: ☒ On

Number of steps: **2** Air push after last elution? ☐ No Air push time (s): **0** Dispose solvent tips after each step? ☐ No

**1** Solvent: **MTBE** Volume (µL): **600** Collect in position: **A** Wait time (min): **5** Advanced pressure settings: **Edit...** Repeat (number of times): **1** Pause after this step? ☐ No

**2** Solvent: **MTBE** Volume (µL): **600** Collect in position: **A** Wait time (min): **5** Advanced pressure settings: **Edit...** Repeat (number of times): **1** Pause after this step? ☐ No

**Elution****Activated**

|                |    |
|----------------|----|
| No. of steps   | 2  |
| Pressure (Bar) |    |
| Plate Dry      | No |
| Dry time       | 0  |
| Pause          | 5  |

**Solvent**

- 1 MTBE
- 2
- 3
- 4

|               | 1   | 2                 | 3 | 4 |
|---------------|-----|-------------------|---|---|
| Volume        | 600 | 600               |   |   |
| Position      | A   | A                 |   |   |
| Pressure time | 0   | Advanced Pressure |   |   |
| Repeat        | 1   | 1                 |   |   |
| Pause         | No  | No                |   |   |

**'Advanced Settings'**

Advanced Pressure:

2 Steps; 1.0 Bar for 30 seconds; 2.0 bar for 10 seconds

**Edit Advanced Pressure Settings**

Use advanced pressure settings? ☒ Yes Number of steps: **2**

Pressure (bar): **1.0** Positive pressure time (s): **30**

Pressure (bar): **2.0** Positive pressure time (s): **10**

Air Push? ☐ No Air push time (s): **0**

## Solvent Properties

| Solvent Description |      |
|---------------------|------|
| 1                   | MTBE |
| 2                   |      |
| 3                   |      |
| 4                   |      |
| 5                   |      |
| 6                   |      |
| 7                   |      |
| 8                   |      |
| 9                   |      |
| 10                  |      |



| Solvent                          | 1                 | 2 | 3 | 4 | 5 | 6                     | 7 | 8 | 9 | 10 |
|----------------------------------|-------------------|---|---|---|---|-----------------------|---|---|---|----|
| <b>Reservoir Type</b>            | <b>Refillable</b> |   |   |   |   | <b>Non Refillable</b> |   |   |   |    |
| Capacity                         |                   |   |   |   |   |                       |   |   |   |    |
| Aspiration flow rate (mL/min)    | 10                |   |   |   |   |                       |   |   |   |    |
| Dispense flow rate (mL/min)      | 10                |   |   |   |   |                       |   |   |   |    |
| Lower air gap flow rate (mL/min) | 10                |   |   |   |   |                       |   |   |   |    |
| Lower air gap volume (µL)        | 5                 |   |   |   |   |                       |   |   |   |    |
| Upper air gap flow rate (mL/min) | 120               |   |   |   |   |                       |   |   |   |    |
| Upper air gap volume (µL)        | 100               |   |   |   |   |                       |   |   |   |    |
| Upper air gap dispense pause     | 300               |   |   |   |   |                       |   |   |   |    |
| Conditioning?                    | Yes               |   |   |   |   |                       |   |   |   |    |
| Conditioning number of times     | 2                 |   |   |   |   |                       |   |   |   |    |
| Conditioning flow rate (mL/min)  | 10                |   |   |   |   |                       |   |   |   |    |
| Chlorinated                      | No                |   |   |   |   |                       |   |   |   |    |
| Serial dispense                  | No                |   |   |   |   |                       |   |   |   |    |

< Cancel

Edit Sample - Aqueous Sample

Save >

**Sample**  
Sample name  
Aqueous Sample  
Sample description  
Default settings for aqueous  
Aspiration flow rate (mL/min)  
10  
Dispense flow rate (mL/min)  
20

**Air Gap**  
Lower air gap flow rate (mL/min)  
20  
Lower air gap volume (µL)  
5  
Upper air gap flow rate (mL/min)  
120  
Upper air gap volume (µL)  
100  
Upper air gap dispense pause (ms)  
300

**Aspirate**  
Aspirate post dispense?  
Yes ☒

### "Sample" Screen

|                              |                              |
|------------------------------|------------------------------|
| Sample name                  | Aqueous sample               |
| Sample description           | Default settings for Aqueous |
| Aspiration flow rate         | 10                           |
| Dispense flow rate           | 20                           |
| Lower air gap flow rate      | 20                           |
| Lower air gap volume         | 5                            |
| Upper air gap flow rate      | 120                          |
| Upper air gap volume         | 100                          |
| Upper air gap dispense pause | 300                          |

< Cancel      Edit Extraction Media - ISOLUTE SLE+ 400 µL C...      Save >

**Extraction Media**

Name  
ISOLUTE SLE+ 400 µL Column

Manufacturer  
Biotage

Part number  
820-0055-B

Capacity volume (µL)  
0

Format  
24

Comment

**Pipetting Height**

Solvent dispensation height (mm)  
-119.0

Sample dispensation height (mm)  
-124.0

Aspiration height (mm)  
-124.0

Tune Pipetting Heights...

**"Extraction Media" Screen**

|                             |                             |
|-----------------------------|-----------------------------|
| Name                        | ISOLUTE® SLE+ 400 µL Column |
| Manufacturer                | Biotage                     |
| Part number                 | 820-0055-B                  |
| Capacity volume             | 400                         |
| Format                      | 24                          |
| Comment                     |                             |
| Solvent dispensation height | -119                        |
| Sample dispensation height  | -124                        |
| Aspiration height           | -124                        |

< Cancel      Edit Sample Plate/Rack - 12 x 75 mm Test Tub...      Save >

**Sample Plate/Rack**

Name  
12 x 75 mm Test Tubes, 24

Capacity volume (µL)  
5000

Format  
24

**Pipetting Height**

Aspiration height (mm)  
-191.0

Pretreatment dispensation height (mm)  
-120.0

Tune Pipetting Heights...

**"Sample Plate/Rack" Screen**

|                                  |                           |
|----------------------------------|---------------------------|
| Name                             | 12 x 75 mm Test Tubes, 24 |
| Capacity volume                  | 5000                      |
| Format                           | 24                        |
| Aspiration height                | -191                      |
| Pretreatment dispensation height | -120                      |

| < Cancel                                                                                                                                                                                                                                | Edit Pipette Tip - 1000 µL Biotage tip | Save > |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|--------|
| <div>Pipette Tip</div> <div>Name</div> <div>1000 µL Biotage tip</div> <div>Manufacturer</div> <div>Biotage</div> <div>Part number</div> <div>414141</div> <div>Capacity (µL)</div> <div>1000</div> <div>Length (mm)</div> <div>95</div> |                                        |        |

**"Pipette tip" Screen**

|               |                     |
|---------------|---------------------|
| Name          | 1000 µL Biotage Tip |
| Manufacturer  | Biotage             |
| Part number   | 414141              |
| Capacity (µL) | 1000                |
| Length (mm)   | 95                  |

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